

# Focus: Health

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The health of the Swiss population is important to Migros. It has demonstrated this for many years, with numerous services including gyms, spas and aquaparks. In 2015, Migros took over the santémed healthcare centres for holistic medical care.

Health is an issue that is **anchored in the Migros mission statement**. With its fitness and wellness centres, nutritional expertise, articles in Migros media and exemplary occupational health management, Migros has followed a **comprehensive health strategy** for many years. After the 2015 takeover of 35 santémed healthcare centres, which offer a modern medical and therapeutic infrastructure for prevention, acute medicine and rehabilitation, Migros is now also making a significant contribution to **basic medical care in Switzerland**.

Health will also play an important role in the Migros strategy going forward, as the areas of **exercise, relaxation, nutrition and medicine** are expanded further.

Here are **four Migros employees** who promote the health literacy and physical, mental and social well-being of the Swiss population every day: